

























MAY 2022

Domingo (Sunday)	Lunes (Monday)	Martes (Tuesday)	Miércoles (Wednesday)	Jueves (Thursday)	Viernes (Friday)	Sabado (Sat)
1 	2 9:00am-1pm (Gym Seniors) Gimnacio para adultos 10:30am-2:00pm Bird Bowl 	3 9:30am-10:30am Fitness Classes/ Ejercicios Fisicos y de estiramiento 10:30am-1pm Mothers Celebration Hosted by Commissioner Manolo Reyes 	4 9:00am-1pm (Gym Seniors) Gimnacio para adultos 10am-1pm Dominos (Senior Room) 	5 9:30am-10:30pm -Fitness Classes/ Ejercicios Fisicos y de Estiramiento 10:45am-12pm Gym & Stretching Routine (Rutina de Estiramiento) 12:00pm-1pm Puzzle (Art Room)	6. 9:30am-11:30am- Gym 9:30am-1pm <u>Seminole Hard Rock Hotel & Casino</u> 	7 
8 	9 9:00am-1pm (Gym Seniors) Gimnacio para adultos 10:30am-2:00pm Bird Bowl 	10 9:30am-10:20am -Fitness Classes/ Ejercicios Fisicos y de estiramiento. 10:45am-12pm Gym & Stretching Routine. (Rutina de Estiramiento) 12:15pm-1pm Puzzle (Art Room)	11 9:00am-1pm (Gym Seniors) Gimnacio para adultos 10am-1pm Dominos (Senior Room)	12 9:30am-10:30am -Fitness Classes/ Ejercicios Fisicos y de estiramiento. 10:45am-12pm Gym & Stretching Routine. (Rutina de Estiramiento) 12:00pm-1pm Puzzle (Art Room)	13. 9:00am—1pm Gym 9:30am-1pm Dominos (Senior Room)	14 
15 	16 9:00am-1pm (Gym Seniors) Gimnacio para adultos 10:30am-2:00pm Bird Bowl 	17 9:30am-10:20am -Fitness Classes & Stretching 10:30am-12:30pm Super Bingo (Hosted By My Care Medical Group)	18 9:00am-1pm (Gym Seniors) Gimnacio para adultos 10am-1pm Dominos (Senior Room)	19 9:30am-10:30am -Fitness Classes/ Ejercicios Fisicos y de estiramiento. 10:30am-12:30pm Birthday Celebration!! (Hosted By Leon Medical Center)	20 9:00am-1pm Gym 9:45am-12:30pm <u>Soroa Orchid Garden</u> 	21 
22 	23 9:00am-1pm(Gym Seniors) Gimnacio Para adultos . 10:30am-2:00pm Bird Bowl 	24 9:30am-10:30am -Fitness Classes/ Ejercicios Fisicos y de estiramiento. 10:45am-12pm Gym & Stretching Routine. (Rutina de Estiramiento) 12:15pm-1pm Puzzle (Art Room)	25 9:00am-1pm (Gym Seniors) Gimnacio para adultos 10am-1pm Dominos (Senior Room)	26 9:30am-10:30am -Fitness Classes/ Ejercicios Fisicos y de estiramiento. 10:45am-12pm Gym & Stretching Routine. (Rutina de Estiramiento) 12:15pm-1pm Puzzle (Art Room)	27. 9:00am—1pm Gym 9:30am-1pm Dominos (Senior Room)	28 
29 	30 	31 9:30am-10:30am -Fitness Classes/ Ejercicios Fisicos y de estiramiento. 10:45am-12pm Gym & Stretching Routine. (Rutina de Estiramiento) 12:15pm-1pm Puzzle (Art Room)	  			

Monday (Lunes) Bowling League at Bird Bowl Bowling Center /Liga de bolos en Bird Bowl Bowling Center.

Tuesday & Thursday Fitness Classes & Stretching /Martes y Jueves Ejercicios Fisicos y de estiramiento

May 3 :Mothers Celebration / Celebracion a las Madres

May 17: Super Bingo

May 19 : Birthday Celebration/Celebracion de Cumpleaños!!!

**West End Park
6030 S.W 2nd St
Miami, FL, 33144
Phone:(305) 960-2980**



Field Trips: May 6: Seminole Hard Rock & Casino Hollywood

1 Seminole Way, Hollywood, FL 33314, Phone:1-866 502 7529

May 20: Soroa Orchid Center Homestead.

25750 SW 177th Ave, Homestead, FL 33031 Phone :(305)-247-2566