











# Coral Gate Park Active Adult 55+ Schedule



NOVEMBER 2021				
Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>NO VIRTUAL CLASS</b> 	<b>2</b>	<b>3</b> <b>VIRTUAL CLASSES</b> at Coral Gate Park  10:00AM Chair Exercise 11:00AM Zumba Gold 12:00PM Stretching	<b>4</b>
<b>8</b>	<b>9</b> <b>VIRTUAL CLASSES</b> at Coral Gate Park  10:00AM Chair Exercise 11:00AM Zumba Gold 12:00PM Stretching	<b>10</b> BIRTHDAY CELEBRATIONS @ 10:30AM HOSTED BY 	<b>11</b> <b>NO VIRTUAL CLASS</b> 	<b>12</b>
<b>15</b>	<b>16</b> <b>VIRTUAL CLASSES</b> at Coral Gate Park  10:00AM Chair Exercise 11:00AM Zumba Gold 12:00PM Stretching	<b>17</b> THANKSGIVING PARTY @ 10:30AM HOSTED BY  	<b>18</b> <b>VIRTUAL CLASSES</b> at Coral Gate Park  10:00AM Chair Exercise 11:00AM Zumba Gold 12:00PM Stretching	<b>19</b> Create a Thanksgiving Reef @ 11AM – 1PM Hosted by  
<b>22</b>	<b>23</b> <b>VIRTUAL CLASSES</b> at Coral Gate Park  10:00AM Chair Exercise 11:00AM Zumba Gold 12:00PM Stretching	<b>24</b>	<b>25</b> <b>NO VIRTUAL CLASS</b> 	<b>26</b>
<b>29</b>	<b>30</b> <b>VIRTUAL CLASSES</b> at Coral Gate Park  10:00AM Chair Exercise 11:00AM Zumba Gold 12:00PM Stretching	<b>**Confirma tu participación la semana anterior a los eventos.</b>		<b>**Please confirm your participation the week before any event</b>



**CORAL GATE PARK**  
**305-960-5130**  
**1415 S.W. 32 Avenue**  
 Milena Eakes – [MEakes@miamigov.com](mailto:MEakes@miamigov.com)

