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Please click the class link below, download the Zoom app and make a profile.
On the day of class enter the meeting ID and password.
PASSWORD FOR ALL CLASSES IS miamiparks (all lowercase no spaces)

September/ Septiembre 2021

Monday/Lunes	Tuesday/Martes	Wednesday/Miércoles	Thursday/Jueves	Friday/Viernes
		1 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm CRAFTS/ MANUALIDADES 1:00pm-3:00pm DIABETES SEMINAR/ SEMINARIO DE DIABETES 2:00pm-4:00pm	2 DOMINO 8:00am-5:00pm MUSIC/MUSICA 10:00am-11:00am CHAIR 10:00am-10:45am Meeting ID: 914 7727 5297 ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879 MEMORY/ MEMORIA 2:00pm-4:00pm	3 DOMINO 8:00am-5:00pm PUZZLES/ ROMPECABEZAS 8:00am-9:00am STRETCHING/ ESTIRAMIENTOS 9:00am-10:00am STRETCHING/ ESTIRAMIENTOS 10:30am-11:30am STRETCHING/ ESTIRAMIENTOS 12:00pm-1:00pm
6 HOLIDAY 	7 DOMINO 8:00am-5:00pm NEEDLEPOINT/ CANVAS 8:30AM CHAIR 10:00am-10:45am Meeting ID: 914 7727 5297 YOGA/YOGA 11:00am ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879 YOGA/YOGA 12:30pm-1:45pm	8 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm CRAFTS/ MANUALIDADES 1:00pm-3:00pm DIABETES SEMINAR/ SEMINARIO DE DIABETES 2:00pm-4:00pm	9 DOMINO 8:00am-5:00pm MUSIC/MUSICA 10:00am CHAIR 10:00am-10:45am Meeting ID: 914 7727 5297 ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879 MEMORY/ MEMORIA 2:00pm-4:00pm	10 DOMINO 8:00am-5:00pm PUZZLES/ ROMPECABEZAS 8:00am-9:00am STRETCHING/ ESTIRAMIENTOS 9:00am-10:00am STRETCHING/ ESTIRAMIENTOS 10:30am-11:30am STRETCHING/ ESTIRAMIENTOS 12:00pm-1:00pm CARE PLUS PRESENTATION/ PRESENTACIÓN DE CAREPLUS 1:30pm-2:30pm
13 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm BINGO 1:30pm-3:30pm 	14 DOMINO 8:00am-5:00pm NEEDLEPOINT/ CANVAS 8:30AM-10:30AM CHAIR 10:00am-10:45am Meeting ID: 914 7727 5297 YOGA/YOGA 11:00am-12:00pm ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879 YOGA/YOGA 12:30pm-1:30pm BEGINNER COMPUTER CLASS/ CLASE DE COMPUTACIÓN 1:30pm-2:15pm INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm	15 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm CRAFTS/ MANUALIDADES 1:00pm-3:00pm DIABETES SEMINAR/ SEMINARIO DE DIABETES 2:00pm-4:00pm	16 DOMINO 8:00am-5:00pm MUSIC/MUSICA 10:00am-11:00am CHAIR 10:00am-10:45am Meeting ID: 914 7727 5297 ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879 BEGINNER COMPUTER CLASS/ CLASE DE COMPUTACIÓN 1:30pm-2:15pm INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm MEMORY/ MEMORIA 2:00pm-4:00pm	17 DOMINO 8:00am-5:00pm PUZZLES/ ROMPECABEZAS 8:00am-9:00am STRETCHING/ ESTIRAMIENTOS 9:00am-10:00am STRETCHING/ ESTIRAMIENTOS 10:30am-11:30am STRETCHING/ ESTIRAMIENTOS 12:00pm-1:00pm
20 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am CAR DISINFECTANT EVENT/ EVENTO DESINFECTANTE DE CARROS 11:00am-2:00pm FITNESS/FITNESS 12:00pm-1:00pm	21 DOMINO 8:00am-5:00pm NEEDLEPOINT/ CANVAS 8:30AM-10:30AM CHAIR 10:00am-10:45am Meeting ID: 914 7727 5297 YOGA/YOGA 11:00am-12:00pm ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879 YOGA/YOGA 12:30pm-1:30pm BEGINNER COMPUTER CLASS/ CLASE DE COMPUTACIÓN 1:30pm-2:15pm COVID PRESENTATION/ PRESENTACIÓN DE COVID 1:30pm-2:30pm INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm	22 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am HAND SANITIZER GIVEAWAY/ REGALO DE DESINFECTANTE DE MANOS 11:00am-12:00pm FITNESS/FITNESS 12:00pm-1:00pm CRAFTS/ MANUALIDADES 1:00pm-3:00pm COVID PRESENTATION/ PRESENTACIÓN DE COVID 1:30pm-2:30pm DIABETES SEMINAR/ SEMINARIO DE DIABETES 2:00pm-4:00pm	23 DOMINO 8:00am-5:00pm MUSIC/MUSICA 10:00am-11:00am CHAIR 10:00am-10:45am Meeting ID: 914 7727 5297 ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879 INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm COVID PRESENTATION/ PRESENTACIÓN DE COVID 1:30pm-2:30pm INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm MEMORY/ MEMORIA 2:00pm-4:00pm	24 DOMINO 8:00am-5:00pm PUZZLES/ ROMPECABEZAS 8:00am-9:00am STRETCHING/ ESTIRAMIENTOS 9:00am-10:00am CONNEXIÓN DE LA MENTE Y EL CUERPO 9:00am-10:00am STRETCHING/ ESTIRAMIENTOS 10:30am-11:30am STRETCHING/ ESTIRAMIENTOS 12:00pm-1:00pm COVID PRESENTATION/ PRESENTACIÓN DE COVID 1:30pm-2:30pm UNIVERSITY Health Care
27 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am PRAYER/ORACIÓN 10:00am-11:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm BINGO 1:30pm-3:30pm 	28 DOMINO 8:00am-5:00pm NEEDLEPOINT/CANVAS 8:30AM-10:30AM CHAIR 10:00am-10:45am Meeting ID: 914 7727 5297 YOGA/YOGA 11:00am-12:00pm ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879 YOGA/YOGA 12:30pm-1:30pm BEGINNER COMPUTER CLASS/ CLASE DE COMPUTACIÓN 1:30pm-2:15pm INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm	29 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm CRAFTS/ MANUALIDADES 1:00pm-3:00pm DIABETES SEMINAR/ SEMINARIO DE DIABETES 2:00pm-4:00pm	30 DOMINO 8:00am-5:00pm MUSIC/MUSICA 10:00am-11:00am CHAIR 10:00am-10:45am Meeting ID: 914 7727 5297 ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879 BEGINNER COMPUTER CLASS/ CLASE DE COMPUTACIÓN 1:30pm-2:15pm INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm	

[CarePlus Presentation/ Presentación de CarePlus 09/10/21](https://www.eventbrite.com/e/careplus-presentation-registration-166551160003)
[Bingo 09/13/21](https://www.eventbrite.com/e/bingo-registration-166213469963)
[Car Disinfectant Event/ Evento Desinfectante de Carros 09/20/21](https://www.eventbrite.com/e/car-disinfectant-event-registration-16655358543)
[COVID Presentation/ Presentación de COVID 09/21/21](https://www.eventbrite.com/e/covid-presentation-registration-166935415321)
[COVID Presentation/ Presentación de COVID 09/22/21](https://www.eventbrite.com/e/covid-presentation-registration-167998525111)
[COVID Presentation/ Presentación de COVID 09/23/21](https://www.eventbrite.com/e/covid-presentation-registration-167998661519)
[COVID Presentation/ Presentación de COVID 09/24/21](https://www.eventbrite.com/e/covid-presentation-registration-166554453855)
[Connexión de la mente y el Cuerpo 09/24/21](https://www.eventbrite.com/e/mind-and-body-connection-registration-166507292795)
[Bingo 09/27/21](https://www.eventbrite.com/e/bingo-registration-166213961433)

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