






By clicking below you hereby waive, absolve, indemnify and agree to hold harmless the City of Miami, its employees, officials, officers, agents, agencies, and departments, participants, person transporting the participants to and from activities, and any other individual, group, organization or corporation under contract with the City of Miami, for any claim arising out of an injury or death or damage to/or destruction of or loss of any property as a result of his/her participation in any program or activity, including those injuries arising from negligence of the City of Miami, its employees and/or agents.

Please click the class link below, download the Zoom app and make a profile.

On the day of class enter the meeting ID and password.

PASSWORD FOR ALL CLASSES IS miamiparks (all lowercase no spaces)

MAY/MAYO 2023

| Monday/Lunes | Tuesday/Martes | Wednesday/Miércoles | Thursday/Jueves | Friday/Viernes |
|--|---|---|--|---|
| 1 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm | 2 <u>DOMINO</u> 8:00am-5:00pm <u>NEEDLEPOINT/ CANVAS</u> 8:30AM-10:30AM <u>CHAIR</u> 10:00am-10:45am <u>ZUMBA</u> 11:00am-11:45am <u>STRETCHING</u> 12:00pm-12:45pm COMPUTER CLASS 2-4 | 3 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm <u>CRAFTS/ MANUALIDADES</u> 1:00pm-3:00pm | 4 <u>DOMINO</u> 8:00am-5:00pm <u>MUSIC/MUSICA</u> 10:00am-11:00am <u>CHAIR</u> 10:00am-10:45am <u>YOGA/YOGA</u> 10:30am- 11:30am <u>PRAYER/ORACIÓN</u>  11:00am-12:00pm <u>ZUMBA</u> 11:00am-11:45am <u>STRETCHING</u> 12:00pm-12:45pm COMPUTER CLASS 2-4 <u>MEMORY/ MEMORIA</u> 2:00pm-4:00pm | 5 <u>DOMINO</u> 8:00am-5:00pm <u>STRECHING/ ESTIRAMIENTOS</u> 9:00am-10:00am <u>STRECHING/ ESTIRAMIENTOS</u> 10:30am-11:30am <u>STRECHING/ ESTIRAMIENTOS</u> 12:00pm-1:00pm |
| 8 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm BINGO 1:30pm-3:30pm | 9 <u>DOMINO</u> 8:00am-5:00pm <u>NEEDLEPOINT/ CANVAS</u> 8:30AM-10:30AM <u>CHAIR</u> 10:00am-10:45am <u>ZUMBA</u> 11:00am-11:45am <u>STRETCHING</u> 12:00pm-12:45pm COMPUTER CLASS 2-4 | 10 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm <u>CRAFTS/ MANUALIDADES</u> 1:00pm-3:00pm R.F ORCHIDS 9:30-1:30 | 11 <u>DOMINO</u> 8:00am-5:00pm <u>MUSIC/MUSICA</u> 10:00am-11:00am <u>CHAIR</u> 10:00am-10:45am <u>YOGA/YOGA</u> 10:30am- 11:30am <u>PRAYER/ORACIÓN</u>  11:00am-12:00pm <u>ZUMBA</u> 11:00am-11:45am <u>STRETCHING</u> 12:00pm-12:45pm MOTHER'S DAY EVENT 1:30-3:30 <u>MEMORY/ MEMORIA</u> 2:00pm-4:00pm COMPUTER CLASS 2-4 | 12 <u>DOMINO</u> 8:00am-5:00pm <u>STRECHING/ ESTIRAMIENTOS</u> 9:00am-10:00am <u>STRECHING/ ESTIRAMIENTOS</u> 10:30am-11:30am <u>STRECHING/ ESTIRAMIENTOS</u> 12:00pm-1:00pm |
| 15 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm | 16 <u>DOMINO</u> 8:00am-5:00pm <u>NEEDLEPOINT/ CANVAS</u> 8:30AM-10:30AM <u>CHAIR</u> 10:00am-10:45am <u>ZUMBA</u> 11:00am-11:45am <u>STRETCHING</u> 12:00pm-12:45pm PARTY 1:30-3:30 COMPUTER CLASS 2-4 | 17 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm <u>CRAFTS/ MANUALIDADES</u> 1:00pm-3:00pm | 18 <u>DOMINO</u> 8:00am-5:00pm <u>MUSIC/MUSICA</u> 10:00am-11:00am <u>CHAIR</u> 10:00am-10:45am <u>YOGA/YOGA</u> 10:30am- 11:30am <u>ZUMBA</u> 11:00am-11:45am <u>PRAYER/ORACIÓN</u>  11:00am-12:00pm <u>STRETCHING</u> 12:00pm-12:45pm <u>MEMORY/ MEMORIA</u> 2:00pm-4:00pm COMPUTER CLASS 2-4 | 19 <u>DOMINO</u> 8:00am-5:00pm <u>STRECHING/ ESTIRAMIENTOS</u> 9:00am-10:00am <u>STRECHING/ ESTIRAMIENTOS</u> 10:30am-11:30am <u>STRECHING/ ESTIRAMIENTOS</u> 12:00pm-1:00pm |
| 22 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm BINGO 1:30-3:30 | 23 <u>DOMINO</u> 8:00am-5:00pm <u>NEEDLEPOINT/ CANVAS</u> 8:30AM-10:30AM <u>CHAIR</u> 10:00am-10:45am <u>ZUMBA</u> 11:00am-11:45am <u>STRETCHING</u> 12:00pm-12:45pm COMPUTER CLASS 2-4 | 24 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm <u>CRAFTS/ MANUALIDADES</u> 1:00pm-3:00pm HOLLYWOOD BEACH BRODWALK 9:30-2:00 | 25 <u>DOMINO</u> 8:00am-5:00pm <u>MUSIC/MUSICA</u> 10:00am-11:00am <u>CHAIR</u> 10:00am-10:45am <u>YOGA/YOGA</u> 10:30am- 11:30am <u>ZUMBA</u> 11:00am-11:45am <u>STRETCHING</u> 12:00pm-12:45pm PARTY 1:30-3:30 <u>MEMORY/ MEMORIA</u> 2:00pm-4:00pm COMPUTER CLASS 2-4 | 26 <u>DOMINO</u> 8:00am-5:00pm <u>STRECHING/ ESTIRAMIENTOS</u> 9:00am-10:00am <u>CONNEXIÓN DE LA MENTE Y EL CUERPO</u> 9:00am-10:00am <u>STRECHING/ ESTIRAMIENTOS</u> 10:30am-11:30am <u>STRECHING/ ESTIRAMIENTOS</u> 12:00pm-1:00pm |
| 29 MEMORIAL DAY  | 30 <u>DOMINO</u> 8:00am-5:00pm <u>NEEDLEPOINT/ CANVAS</u> 8:30AM-10:30AM <u>CHAIR</u> 10:00am-10:45am <u>ZUMBA</u> 11:00am-11:45am <u>STRETCHING</u> 12:00pm-12:45pm COMPUTER CLASS 2-4 | 31 <u>DOMINO</u> 8:00am-5:00pm <u>FITNESS/FITNESS</u> 9:00am-10:00am <u>FITNESS/FITNESS</u> 10:30am-11:30am <u>FITNESS/FITNESS</u> 12:00pm-1:00pm <u>CRAFTS/ MANUALIDADES</u> 1:00pm-3:00pm |  | Antonio Maceo Park 5135 NW 7 St. Miami, FL, 33126 (305) 960-2930 |