



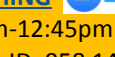




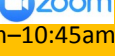
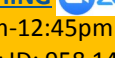

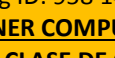





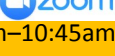
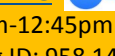
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Please click the class link below, download the Zoom app and make a profile.

On the day of class enter the meeting ID and password.



PASSWORD FOR ALL CLASSES IS miamiparks (all lowercase no spaces)

November/ Noviembre 2021



Monday/Lunes	Tuesday/Martes	Wednesday/Miércoles	Thursday/Jueves	Friday/Viernes
<p>1</p> <p>DOMINO 8:00am-5:00pm</p> <p>DOMINO TOURNAMENT/ TORNEO DE DOMINO 9:00am- 12:00pm</p>  <p>FITNESS/FITNESS 9:00am-10:00am</p> <p>FITNESS/FITNESS 10:30am-11:30am</p> <p>FITNESS/FITNESS 12:00pm-1:00pm</p>	<p>2</p> <p>DOMINO 8:00am-5:00pm</p> <p>NEEDLEPOINT/ CANVAS 8:30AM-10:30AM</p> <p>CHAIR </p> <p>10:00am-10:45am Meeting ID: 914 7727 5297</p> <p>YOGA/YOGA 11:00am-12:00pm</p> <p>ZUMBA </p> <p>11:00am-11:45am Meeting ID: 928 1496 7261</p> <p>STRETCHING </p> <p>12:00pm-12:45pm Meeting ID: 958 1461 4879</p> <p>YOGA/YOGA 12:30pm-1:45pm</p> <p>BEGINNER COMPUTER CLASS/ CLASE DE COMPUTACIÓN 1:30pm-2:15pm</p> <p>INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm</p>	<p>3</p> <p>DOMINO 8:00am-5:00pm</p> <p>FITNESS/FITNESS 9:00am-10:00am</p> <p>FITNESS/FITNESS 10:30am-11:30am</p> <p>FITNESS/FITNESS 12:00pm-1:00pm</p> <p>CRAFTS/ MANUALIDADES 1:00pm-3:00pm</p>	<p>4</p> <p>DOMINO 8:00am-5:00pm</p> <p>MUSIC/MUSICA 10:00am-11:00am</p> <p>CHAIR 10:00am-10:45am Meeting ID: 914 7727 5297</p> <p>PRAYER/ORACIÓN </p> <p>ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261</p> <p>STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879</p> <p>BEGINNER COMPUTER CLASS/ CLASE DE COMPUTACIÓN 1:30pm-2:15pm</p> <p>INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm</p> <p>MEMORY/ MEMORIA 2:00pm-4:00pm</p>	<p>5</p> <p>DOMINO 8:00am-5:00pm</p> <p>STRETCHING/ ESTIRAMIENTOS 9:00am-10:00am</p> <p>STRETCHING/ ESTIRAMIENTOS 10:30am-11:30am</p> <p>STRETCHING/ ESTIRAMIENTOS 12:00pm-1:00pm</p> <p>DIABETES SEMINAR/ SEMINARIO DE DIABETES 1:00pm-3:00pm</p> <p>SOCIAL FRIDAY/ VIERNES SOCIAL 1:00pm-2:30pm</p>
<p>8</p> <p>DOMINO 8:00am-5:00pm</p> <p>FITNESS/FITNESS 9:00am-10:00am</p> <p>FITNESS/FITNESS 10:30am-11:30am</p> <p>FITNESS/FITNESS 12:00pm-1:00pm</p> <p>BINGO </p> <p>1:30pm-3:30pm</p> 	<p>9</p> <p>DOMINO 8:00am-5:00pm</p> <p>NEEDLEPOINT/ CANVAS 8:30AM-10:30AM</p> <p>CHAIR 10:00am-10:45am Meeting ID: 914 7727 5297</p> <p>YOGA/YOGA 11:00am-12:00pm</p> <p>ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261</p> <p>STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879</p> <p>YOGA/YOGA 12:30pm-1:45pm</p> <p>BEGINNER COMPUTER CLASS/ CLASE DE COMPUTACIÓN 1:30pm-2:15pm</p> <p>INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm</p>	<p>10</p> <p>DOMINO 8:00am-5:00pm</p> <p>FITNESS/FITNESS 9:00am-10:00am</p> <p>FITNESS/FITNESS 10:30am-11:30am</p> <p>FITNESS/FITNESS 12:00pm-1:00pm</p> <p>CRAFTS/ MANUALIDADES 1:00pm-3:00pm</p>	<p>11</p> <p>Holiday</p> 	<p>12</p> <p>DOMINO 8:00am-5:00pm</p> <p>STRETCHING/ ESTIRAMIENTOS 9:00am-10:00am</p> <p>STRETCHING/ ESTIRAMIENTOS 10:30am-11:30am</p> <p>STRETCHING/ ESTIRAMIENTOS 12:00pm-1:00pm</p> <p>DIABETES SEMINAR/ SEMINARIO DE DIABETES 1:00pm-3:00pm</p> <p>SOCIAL FRIDAY/ VIERNES SOCIAL 1:00pm-2:30pm</p>
<p>15</p> <p>DOMINO 8:00am-5:00pm</p> <p>FITNESS/FITNESS 9:00am-10:00am</p> <p>FITNESS/FITNESS 10:30am-11:30am</p> <p>FITNESS/FITNESS 12:00pm-1:00pm</p> <p>BINGO </p> <p>1:30pm-3:30pm</p> 	<p>16</p> <p>DOMINO 8:00am-5:00pm</p> <p>NEEDLEPOINT/ CANVAS 8:30AM-10:30AM</p> <p>CHAIR </p> <p>10:00am-10:45am Meeting ID: 914 7727 5297</p> <p>YOGA/YOGA 11:00am-12:00pm</p> <p>ZUMBA </p> <p>11:00am-11:45am Meeting ID: 928 1496 7261</p> <p>STRETCHING </p> <p>12:00pm-12:45pm Meeting ID: 958 1461 4879</p> <p>YOGA/YOGA 12:30pm-1:30pm</p> <p>BEGINNER COMPUTER CLASS/ CLASE DE COMPUTACIÓN 1:30pm-2:15pm</p> <p>INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm</p>	<p>17</p> <p>DOMINO 8:00am-5:00pm</p> <p>FITNESS/FITNESS 9:00am-10:00am</p> <p>FITNESS/FITNESS 10:30am-11:30am</p> <p>FITNESS/FITNESS 12:00pm-1:00pm</p> <p>CRAFTS/ MANUALIDADES 1:00pm-3:00pm</p>	<p>18</p> <p>DOMINO 8:00am-5:00pm</p> <p>MUSIC/MUSICA 10:00am-11:00am</p> <p>CHAIR </p> <p>10:00am-10:45am Meeting ID: 914 7727 5297</p> <p>ZUMBA </p> <p>11:00am-11:45am Meeting ID: 928 1496 7261</p> <p>PRAYER/ORACIÓN </p> <p>STRETCHING </p> <p>12:00pm-12:45pm Meeting ID: 958 1461 4879</p> <p>BEGINNER COMPUTER CLASS/ CLASE DE COMPUTACIÓN 1:30pm-2:15pm</p> <p>INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm</p> <p>MEMORY/ MEMORIA 2:00pm-4:00pm</p>	<p>19</p> <p>DOMINO 8:00am-5:00pm</p> <p>CONNEXIÓN DE LA MENTE Y EL CUERPO 9:00am-10:00am</p> <p>THANKSGIVING PARTY/ FIESTA DE ACCION DE GRACIAS 12:00pm-2:00pm</p> 
<p>22</p> <p>DOMINO 8:00am-5:00pm</p> <p>FITNESS/FITNESS 9:00am-10:00am</p> <p>FITNESS/FITNESS 10:30am-11:30am</p> <p>FITNESS/FITNESS 12:00pm-1:00pm</p> <p>BINGO </p> <p>1:30pm-3:30pm</p> 	<p>23</p> <p>DOMINO 8:00am-5:00pm</p> <p>NEEDLEPOINT/ CANVAS 8:30AM-10:30AM</p> <p>CHAIR </p> <p>10:00am-10:45am Meeting ID: 914 7727 5297</p> <p>YOGA/YOGA 11:00am-12:00pm</p> <p>ZUMBA </p> <p>11:00am-11:45am Meeting ID: 928 1496 7261</p> <p>STRETCHING </p> <p>12:00pm-12:45pm Meeting ID: 958 1461 4879</p> <p>YOGA/YOGA 12:30pm-1:30pm</p> <p>BEGINNER COMPUTER CLASS/ CLASE DE COMPUTACIÓN 1:30pm-2:15pm</p> <p>INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm</p>	<p>24</p> <p>DOMINO 8:00am-5:00pm</p> <p>FITNESS/FITNESS 9:00am-10:00am</p> <p>FITNESS/FITNESS 10:30am-11:30am</p> <p>FITNESS/FITNESS 12:00pm-1:00pm</p> <p>CRAFTS/ MANUALIDADES 1:00pm-3:00pm</p>	<p>25</p> <p>Holiday</p> 	<p>26</p> <p>Holiday</p>
<p>29</p> <p>DOMINO 8:00am-5:00pm</p> <p>FITNESS/FITNESS 9:00am-10:00am</p> <p>FITNESS/FITNESS 10:30am-11:30am</p> <p>FITNESS/FITNESS 12:00pm-1:00pm</p> <p>BINGO </p> <p>1:30pm-3:30pm</p> 	<p>30</p> <p>DOMINO 8:00am-5:00pm</p> <p>NEEDLEPOINT/CANVAS 8:30AM-10:30AM</p> <p>CHAIR </p> <p>10:00am-10:45am Meeting ID: 914 7727 5297</p> <p>YOGA/YOGA 11:00am-12:00pm</p> <p>ZUMBA </p> <p>11:00am-11:45am Meeting ID: 928 1496 7261</p> <p>STRETCHING </p> <p>12:00pm-12:45pm Meeting ID: 958 1461 4879</p> <p>YOGA/YOGA 12:30pm-1:30pm</p> <p>BEGINNER COMPUTER CLASS/ CLASE DE COMPUTACIÓN 1:30pm-2:15pm</p> <p>INTERMEDIATE COMPUTER CLASS/ CLASE DE COMPUTACIÓN 2:30pm-3:15pm</p>			

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