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Please click the class link below, download the Zoom app and make a profile.

On the day of class enter the meeting ID and password.

PASSWORD FOR ALL CLASSES IS miamiparks (all lowercase no spaces)

MAY/MAYO 2022

Monday/Lunes	Tuesday/Martes	Wednesday/Miércoles	Thursday/Jueves	Friday/Viernes
<p>2 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm BINGO 1:30pm-3:30pm</p> 	<p>3 DOMINO 8:00am-5:00pm NEEDLEPOINT/ CANVAS 8:30AM-10:30AM CHAIR  10:00am-10:45am Meeting ID: 914 7727 5297  ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING  12:00pm-12:45pm Meeting ID: 958 1461 4879 DIA DE CINE 1:30PM-3:00PM</p>	<p>4 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm CRAFTS/ MANUALIDADES 1:00pm-3:00pm</p>	<p>5 DOMINO 8:00am-5:00pm MUSIC/MUSICA 10:00am-11:00am CHAIR  10:00am-10:45am Meeting ID: 914 7727 5297 YOGA/YOGA  10:30am- 11:30am PRAYER/ORACIÓN  ZUMBA  11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879 MEMORY/ MEMORIA 2:00pm-4:00pm</p>	<p>6 DOMINO 8:00am-5:00pm STRECHING/ ESTIRAMIENTOS 9:00am-10:00am STRECHING/ ESTIRAMIENTOS 10:30am-11:30am STRECHING/ ESTIRAMIENTOS 12:00pm-1:00pm SOCIAL FRIDAY/ VIERNES SOCIAL 1:00pm-2:30pm MOTHER'S DAY PARTY 1:00pm-3:00pm</p>
<p>9 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm BINGO 1:30pm-3:30pm</p> 	<p>10 DOMINO 8:00am-5:00pm NEEDLEPOINT/ CANVAS 8:30AM-10:30AM CHAIR  10:00am-10:45am Meeting ID: 914 7727 5297  ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING  12:00pm-12:45pm Meeting ID: 958 1461 4879 TECHNOLOGY CLASS 1:30PM-3:00PM</p>	<p>11 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm CRAFTS/ MANUALIDADES 1:00pm-3:00pm HARD ROCK CASINO 10:00am-2:00pm</p> 	<p>12 DOMINO 8:00am-5:00pm MUSIC/MUSICA 10:00am-11:00am CHAIR  10:00am-10:45am Meeting ID: 914 7727 5297 YOGA/YOGA  10:30am- 11:30am PRAYER/ORACIÓN  ZUMBA  11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879 MEMORY/ MEMORIA 2:00pm-4:00pm</p>	<p>13 DOMINO 8:00am-5:00pm STRECHING/ ESTIRAMIENTOS 9:00am-10:00am STRECHING/ ESTIRAMIENTOS 10:30am-11:30am STRECHING/ ESTIRAMIENTOS 12:00pm-1:00pm SOCIAL FRIDAY/ VIERNES SOCIAL 1:00pm-2:30pm</p>
<p>16 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm</p>	<p>17 DOMINO 8:00am-5:00pm NEEDLEPOINT/ CANVAS 8:30AM-10:30AM CHAIR  10:00am-10:45am Meeting ID: 914 7727 5297  ZUMBA  11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING  12:00pm-12:45pm Meeting ID: 958 1461 4879 BIRTHDAY CELEBRATION 1:00pm-3:00pm</p>	<p>18 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm CRAFTS/ MANUALIDADES 1:00pm-3:00pm</p>	<p>19 DOMINO 8:00am-5:00pm MUSIC/MUSICA 10:00am-11:00am CHAIR  10:00am-10:45am Meeting ID: 914 7727 5297 YOGA/YOGA 10:30am- 11:30am ZUMBA  11:00am-11:45am Meeting ID: 928 1496 7261 PRAYER/ORACIÓN  STRETCHING  12:00pm-12:45pm Meeting ID: 958 1461 4879 MEMORY/ MEMORIA 2:00pm-4:00pm</p>	<p>20 DOMINO 8:00am-5:00pm STRECHING/ ESTIRAMIENTOS 9:00am-10:00am STRECHING/ ESTIRAMIENTOS 10:30am-11:30am STRECHING/ ESTIRAMIENTOS 12:00pm-1:00pm SOCIAL FRIDAY/ VIERNES SOCIAL 1:00pm-2:30pm</p>
<p>23 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm BINGO 1:30pm-3:30pm Las Mercedes</p>	<p>24 DOMINO 8:00am-5:00pm NEEDLEPOINT/ CANVAS 8:30AM-10:30AM CHAIR  10:00am-10:45am Meeting ID: 914 7727 5297  ZUMBA  11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING  12:00pm-12:45pm Meeting ID: 958 1461 4879 SISTEMA IMUNO 1:30PM - 3:00PM TECHNOLOGY CLASS 1:30PM-3:00PM</p>	<p>25 DOMINO 8:00am-5:00pm FITNESS/FITNESS 9:00am-10:00am FITNESS/FITNESS 10:30am-11:30am FITNESS/FITNESS 12:00pm-1:00pm CRAFTS/ MANUALIDADES 1:00pm-3:00pm BAYSIDE 10:00am-2:00pm</p> 	<p>26 DOMINO 8:00am-5:00pm MUSIC/MUSICA 10:00am-11:00am CHAIR  10:00am-10:45am Meeting ID: 914 7727 5297 YOGA/YOGA 10:30am- 11:30am ZUMBA  11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING  12:00pm-12:45pm Meeting ID: 958 1461 4879 MEMORY/ MEMORIA 2:00pm-4:00pm</p>	<p>27 DOMINO 8:00am-5:00pm STRECHING/ ESTIRAMIENTOS 9:00am-10:00am CONNEXIÓN DE LA MENTE Y EL CUERPO 9:00am-10:00am STRECHING/ ESTIRAMIENTOS 10:30am-11:30am STRECHING/ ESTIRAMIENTOS 12:00pm-1:00pm SOCIAL FRIDAY/ VIERNES SOCIAL 1:00pm-2:30pm</p> 
<p>30 MEMORIAL DAY</p> 	<p>31 DOMINO 8:00am-5:00pm NEEDLEPOINT/ CANVAS 8:30AM-10:30AM CHAIR 10:00am-10:45am Meeting ID: 914 7727 5297 ZUMBA 11:00am-11:45am Meeting ID: 928 1496 7261 STRETCHING 12:00pm-12:45pm Meeting ID: 958 1461 4879</p>			<p>Antonio Maceo Park 5135 NW 7 St. Miami, FL, 33126 (305) 960-2930</p>